



Primetime

GUIDEBOOK



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Meet Our Speakers



Peggy Osborne

Peggy has journeyed alongside her husband, Chris Osborne, in pastoral ministry for over 40 years. After three decades in College Station, Texas, she now finds herself in Fort Worth as a mentor for pastor's wives and female seminary students at Southwestern Baptist Theological Seminary where her husband teaches. Peggy has years of experience as a classroom teacher and administrator in the Early Childhood Department of the College Station Independent School District. Most recently, she and her daughter Lauren have started a consultancy serving Faith-Based Schools, childcare centers, school districts, and Head Starts across the nation.



Lauren Osborne

Lauren has a bachelor's degree from Texas A&M University as well as a Master's of Education from the University of Texas at Arlington. She was a teacher for eight years, both in the public and private sectors and has been a Christian Independent Consultant/Speaker for over fifteen years. She has a deep desire to encourage and refresh women to live in the freedom that comes with believing and obeying God fully. With this passion, she is a zealous speaker at women's events, retreats, conferences and seminars.



Monica Healer – Host

Monica Healer is your host for this event. She serves as the Executive Director of the Early Childhood Christian Network and is passionate about equipping and encouraging early educators to realize their eternal impact in the everyday parts of life. She has a background in IT, but has spent the last 17 years in faith-based early childhood education as a classroom teacher, an administrator and now the leader of ECCN.



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“for you are a people holy to the Lord your God. Out of all the peoples on the face of the earth, the Lord has chosen you to be his treasured possession.” - Deuteronomy 14:2



The Brain: An Overview

Notes

ACTIVITY ONE

- Find a partner!
- Name the 3 states of the brain.
- What does each state need?

ACTIVITY TWO

- Find a partner
- Share a time when you or someone you know was in their survival state and how was it exhibited?

ACTIVITY THREE

Read through the following scenarios and determine which brain state is being exhibited (Survival, Emotional or Thinking brain.)

Discuss insights with your table group.

- _____ 1. A one year old is angrily kicking his legs as his teacher changes his diaper.
- _____ 2. A pre-teen is having a thoughtful conversation with their parent about the rules at the house.
- _____ 3. A six year old crawls underneath the chair and will not come out.
- _____ 4. A thirty-two year old slams the door of the car after getting home from work.
- _____ 5. A five year old says, "I don't want you to do that" in a calm tone.
- _____ 6. A three year old is whining to go outside to play.
- _____ 7. A wife blames her husband when she trips over the trash because he didn't take it out.
- _____ 8. A teacher lectures a child because they forgot the rules of the classroom.
- _____ 9. An infant is playfully interacting with their mobile.
- _____ 10. A young child is playfully interacting with another child at the block center.
- _____ 11. A teenager yells, "my curfew is not fair" to his parent.
- _____ 12. An elderly person hits their caregiver with their cane.
- _____ 13. A twelve year old stomps his feet all the way back to his room.
- _____ 14. A teenage girl tells her friend that her earlier words were hurtful in order to seek resolution.
- _____ 15. A ninety-one year old cusses at the driver in front of him for not using his blinker.

CELL PHONE SCAVENGER HUNT!

5 points each:

- ___ Family photo as your lock screen
- ___ Sparkly phone case
- ___ An active group text
- ___ At least 5 open apps right now
- ___ Your ringer is off

TOTAL FOR THIS SECTION: _____

10 points each:

- ___ More than 5 apps that need to be updated
- ___ More than 100 photos on your phone right now.
- ___ At least five unread text messages
- ___ Each social media app
- ___ Battery is at 80% or higher
- ___ You have more than 2 game apps
- ___ You have 5 or more store apps
- ___ You have the Chick Fil A app or the Sonic app

TOTAL FOR THIS SECTION: _____

20 points each:

- ___ More than 25 unread emails.
- ___ Posted on social media today.
- ___ Already have a selfie from today.
- ___ You've made a phone call today.
- ___ Your battery is below 20%
- ___ You used your phone GPS to get here today.

TOTAL FOR THIS SECTION: _____

GRAND TOTAL: _____





Survival Mode

Notes

ACTIVITY

TEACHERS OF 0-2 YEAR OLDS

Read the Article “Benefits of Baby Massage”

Discuss how you calm an infant. Do you jostle the baby? Are you willing to calm the baby with three deep breaths and begin a gentle sway? What are other ways you can plan to incorporate calming techniques in the classroom?

TEACHERS OF OLDER 2'S AND UP!

Take time to plan your ROCK area in your classroom.

Where will it be located?

What items will you place inside The ROCK area?

What items will you place on the wall surrounding and/or near The ROCK area?

How will you teach the use of The ROCK in the classroom?

How will you model The ROCK yourself in the classroom?

How will you build de-stressing techniques into your daily routine?



Ocean of Emotion

Notes

Twinkle, Twinkle

Twinkle, twinkle little star
What a treasure to Jesus you are
He made your eyes, He made your nose,
He loves you from your head to your toes.
Twinkle, twinkle little star
What a treasure to Jesus you are.

ACTIVITY

Find a partner! Together, google a christian nursery rhyme and create your own finger play with that nursery rhyme. Write it out below.



Go back to your table and teach your rhyme/motions to your group!



Write down the new fingerplays that you learned on index cards so they'll be ready to use in your classroom!

Think about your daily routine. When can you incorporate rituals through out the day?



Thinking Straight

Notes

ACTIVITY ONE

Get a partner. Come up with an alternative positive response for each phrase & write them down!

1. Stop fidgeting with your papers!
2. Don't throw crayons!
3. We don't eat shoelaces in this class.
4. Quit pushing your friends. You do that every day.
5. Stop talking while I am talking!
6. Quit calling me "Miss". I have a name!
7. Don't touch your friends! it's bothering them.
8. I will not tolerate you sticking your tongue out at me anymore!
9. Stop saying "no" to me.
10. Quit leaning back in your chair.

ACTIVITY TWO

With your partner, practice dialogue! Detail what the child did and assign the corresponding fruit of the Spirit. End with, “You're becoming more like Jesus!” or “You're becoming a man of valor!” or “You're becoming a woman of strength and dignity!

Take note of your dialogue down below! (DETAIL > FRUIT OF THE SPIRIT > ENDING TAG)

1. Josh's crayon fell on the floor and Simon picked it up.
2. Abby says “hello” to Jessica when she comes into the classroom.
3. Keaton waits his turn to wash hands.
4. Killian picks up blocks at the block center when it is time to clean up.
5. Jackson holds the door open for the class as they come back in.
6. Annie shared the paintbrush with her friend, Jessica.
7. Hallie puts her backpack up when she walks in the door.
8. Henry put his markers away when the teacher said to do that.
9. Katie walks into the classroom without crying.
10. Jesse tapped his friend on the shoulder when he didn't have any space on the carpet.

CERTIFICATE OF COMPLETION

Presented to:

For completing the training:

- ☐ "The Brain - An Overview" (1.0 hour)
- ☐ "Survival Mode" (1.0 hour)
- ☐ "Ocean of Emotion" (1.0 hour)
- ☐ "Thinking Straight" (1.0 hour)

On this date:

Monica Healer

Monica Healer | Executive Director



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